



**Sample Itinerary for 7 days / 6 nights  
including Medical Check-up**

Baden-Baden – beautifully located at the foothills of the Black Forest – is a famous spa & wellness resort, a city of elegant lifestyle. Guaranteed relaxation in the thermal spas, the modern **Caracalla Spa** and upscale shopping in the neo baroque old town as well as art and culture at the **Museum Frieder Burda** and Europe’s second largest opera & concert hall, the **Festival Hall Baden-Baden**. Challenging hours at Germany’s most beautiful **Casino** or the **International Horse Racing Festival** as well as many sportive activities as hiking, mountain biking, tennis, paragliding or golfing at 8 golf courses in the Golf-Region Baden-Alsace – the options are as manifold as classy. Excellent hotels, gourmet restaurants, small regional wine cellars and fancy convention facilities await you in the “green city of short distances”.

**First Day**

Arrival at Baden Airpark and transfer by Taxi (30 minutes), bus (60 minutes) or individual shuttle service (on request) to Baden-Baden.

OR

Arrival at Frankfurt Airport and transfer to Baden-Baden by ICE direct train (1, 5 hours) or individual airport shuttle service (on request).

Noon

Check-in at the hotel

Afternoon

**Guided city tour** showing the highlights of Baden-Baden

Evening

Dinner at a typical Baden-Baden restaurant or wine tavern.

Afterwards, enjoy a performance at the **Festival Hall Baden-Baden**. The Festival Hall Baden-Baden is Germany’s largest opera- and concert hall and host international opera, concerts and ballet throughout the year.

## Second Day

- Morning Take a ride in a **horse carriage**, a particularly romantic and extraordinary treat along the “Lichtentaler Allee”.
- OR  
Visit of **Mount Merkur**  
Reach Baden-Baden’s highest point to enjoy breathtaking views over the Rhine River Valley and the Black Forest with one of Europe’s steepest funicular railways. A cozy restaurant at the top of the mountain invites for a delicious break.
- Noon Lunch at the “**Café König**”, one of Baden-Baden’s oldest and most famous cafés.
- Afternoon Take a walk within the beautiful ambience of vineyards in Baden-Baden’s wine region “**Rebland**” (10 minutes drive away from the city center) and take part in a wine tasting at one of the various wineries.
- Afterwards Dinner in one of the gourmet restaurants or the cozy wine taverns at “Rebland”.
- Late Evening Try your luck in Germany’s oldest **Casino of Baden-Baden**, a temple to the alluring game of chance, fashioned on the lines of French royal palaces.





### Third Day

Short drive (20 min.) into the Black Forest for the full-day check-up at the Max-Grundig-Clinic

### Fourth Day

Second check-up at the Max-Grundig-Clinic

## Fifth Day

Choose one of the following one-day excursions:

**Black Forest:** Along the Panoramic Road “Black Forest Street” via Lake “Mummelsee” to Freudenstadt and further to lake “Titisee”, visit of a cuckoo-clock factory and shop, visit of the open-air museum in Gutach with typical Black Forest farmhouses and –gardens.

**Strasbourg** (France) is the intellectual and economic capital of Alsace. Its privileged geographical situation as a center of international communications and its position as a station of Latin sentinel on the Rhine, as well as its rich history, ensure its exceptional importance. It was therefore a natural course of action that Strasbourg was chosen as the home of the European institutions. The exceptional architectural richness of Strasbourg has been classified as world heritage, a first time for a whole city center.

**Colmar** (France) is the capital of Alsatian wine: Cheery, good-natured, lively, and breathtakingly beautiful – it’s well worth taking a discovery stroll through Colmar. The House of Heads, the Pfister House, an Italian renaissance guard’s house, the Old Customs House and the “Petite Venice quarter” – all are must-sees.

**Freiburg**, lively student city where you can visit among other things the cathedral, the old university and the old town-hall.

**Heidelberg**, here you can visit amongst others the impressive palace, the university and the old town-hall.

**Europa-Park Rust:** With a sensational mix of high-adrenaline rides, cleverly conceived themed areas, beautiful parks, plus around 6 hours of shows including children's theatre, ice revues and variety shows every day, the resort ticks all the right boxes when it comes to fun and entertainment. (1-hour drive from Baden-Baden)





## Sixth Day

- Morning** Enjoy a shopping trip in the picturesque streets and the small lanes of the neo-baroque old town of Baden-Baden. Numerous exclusive boutiques invite you to **first-class shopping**.
- Noon** Lunch at one of the many restaurants in Baden-Baden.
- Afternoon** Visit of the modern **Caracalla Spa**. Enjoy some relaxing hours between marble columns and tempting turquoise blue pools

## Seventh Day

Transfer from Baden-Baden to Baden Airpark by Taxi (30 minutes), bus (60 minutes) or individual shuttle service (on request) and departure.

OR

Transfer from Baden-Baden to Frankfurt Airport by ICE direct train (1, 5 hours) or individual airport shuttle service (on request) and departure.

For more information, please contact:

### **Baden-Baden Tourism Board**

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 **BADEN** **BADEN**

The logo for Baden-Baden features a stylized, colorful graphic element resembling a drop or a flame, transitioning from yellow to red to blue, positioned between the two words 'BADEN'.